

Shaheer Amir

Mian Mir Colony, Lahore Cantt

shaheeramir55@gmail.com

+92-321-436-8153

Personal Summary:

Compassionate and motivated Behavior Therapist offering a solid background in different modalities and counseling. Work with clients of all backgrounds to promote recovery and aid in adjusting to new life situations. Devise treatment plans based on direct knowledge, assessment, and records reviews. Focus on making a lasting impact by building skills and a solid support network.

Professional Experience:

Mind Professional Therapy Center, Lahore, Punjab

Behavior Therapist, October 2019-Continue

- Encouraged families and individuals to address problems constructively and employ positive skills.
- Developed personalized treatment plans based on therapeutic modalities.
- Monitored clients operations to spot and correction problems early.
- Helped clients deal with triggering events and situations by developing coping mechanisms.
- Improved long-term outcomes by helping clients develop post-treatment plans.
- Supported clients working through unique feelings and behavioral issues by asking probing questions and offering evidence-based advice.

Independent Tutor, Lahore, Punjab

Aug 2014 - Continue

- Liaised between student and instructor to identify challenges and determine areas of academic focus.
- Coordinated lessons plans, course materials, and discussion questions prior to each session.
- Evaluated and documented student progress and academic challenges, suggesting new learning resources to increase student interest and retention.
- Developed optimal tutoring plans in collaboration with parents and teachers.
- Assessed student performance through the evaluation of assignments and exams.

Sufi School for Special Learner, Lahore, Punjab

Behavioral Therapist, June 2018-September 2019

- Assess a patient's suitability for high-intensity interventions.
- Formulate, implement, and evaluate patient therapy programs.
- Provide high-intensity intervention therapies
- Educate and involve family members and others in your patient's treatment as necessary.
- Keep accurate records of clinical activity and use these in clinical decisions.

Qualifications:

Degree	Passing Year	Marks	University/Board
BS.C (HONS) Psychology	August,2018	2.89/73%	Government College University, Lahore
FS.c (Pre-Medical)	September, 2014	68%	Lahore Board
Matriculation	September, 2012	78%	Lahore Board

Internship Program:

Fountain House, Lahore, Punjab

(October 2018-November 2018)

- Provides individual and group counseling to patients on a scheduled basis or through crisis intervention.
- Consults with supervisors and staff as needed.
- Participates in supervision and training with openness to learning and receiving feedbacks.
- Knowledge and basic skills in counseling practices and methods.
- Ability to communicate effectively in writing and to prepare written and electronic documents.

Projects:

- Conduct Rorschach Inkblot Test on patients to determine the personality and emotional functioning.
- Conduct Beck Hopelessness Scale to new student of psychology department to examine the feeling about future, loss of motivation and expectation.
- Conduct NEO Personality Inventory scale on our class to examine the person's Big Five personality traits.

Certificate/Training:

- Mental health effects of the COVID-19 Pandemic from *Harvard Medical School*.
- Coping with stress of Coronavirus from *Harvard Medical School*.
- Introduction to Peace building micro course from *United States Institute of Peace*.
- Religion and Peace building from *United States Institute of Peace*.
- Human Resources Management from *eLearning College*.
- Administrative Skills from *eLearning College*.
- Leadership & Management from *eLearning College*.
- Python 101 for Data Science from *Cognitive Class* powered by *IBM Developer Skills Network*.
- Data Science Math Skills from *Duke University (Coursera Certificate)*.

Computer Skills:

Window 98, Window XP, Window 8, Window 10, SPSS, Google Translation, Internet Browsing and Searching, MS Word 2010, PowerPoint 2010

Reference:

Reference will be furnished on demand